

CONTACT ME

Lauren Allen

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EDUCATION

Current USC MFA Film
Production Student

Brigham Young University
Media Arts BA

LEADERSHIP

Women In Film President

Student Alumni Representative

ACHEIVEMENTS

Outstanding Women and
Film Award - Faculty
Nominated

Spooktacular Film Festival
Acceptance

MEMBERSHIP

BYU Women in Film Association
BYU Student Film Association

SKILLS

ARRI Certified
Communication
Organized
Takes Initiative

Lauren Allen

Filmmaker

WORK EXPERIENCE

- **Film Director/Cinematographer/Editor**
 - Wild Laurel Film LLC - Jan 2023 – Present
 - Directed 15 short films and Cinematographer for 12 since January collaborating with a selective group of directors and cinematographers at USC and BYU. Two are currently making festival rounds. Continue to take on these projects.
- **Audio Ducking**
 - Murder She Rolled Podcast - October 2024-Present
 - Regulate audio levels, clean audio channels. Coordinate and deliver final product to other Audio team members.
- **BYU Media Arts Equipment Manager**
 - Brigham Young University - Dec 2022 – August 2024
 - Operation of film equipment checkout for BYU's film department. Ensure the equipment functions properly before its checkout and after it is returned. Discuss options of improvement and frugality of the tools and their lifespans.
- **Camera Operator**
 - Dry Bar Comedy - Sep 2021 – August 2024
 - Conduct camera operation and equipment checks to maintain the cleanliness and visibility of the camera throughout the filming process.
 - Safely transport cameras and tools to desired locations determined by the director of and create organizational systems to ensure continuity between shots.
 - When filming concludes, Ensure the safety and return of camera gear and report any equipment malfunctions to the rental companies.
- **1st AC**
 - American Film Institute - October 2022
 - Led the camera production prep day, organizing and testing equipment.
 - Built and managed the camera each day.
 - Took measurements for camera records.
 - Attained focused images in accordance with the direction of the cinematographer.
 - Coordinate camera movement with my team each day, ensuring the safety of the equipment. Wrapped our camera station at the end of each day.
- **Production Assistant**
 - BBC Studios Documentary Unit - June 2023
 - Prepped and assisted camera and lighting equipment.
 - Obtained location and cast releases.
 - Picked up extra equipment and resources, ordered food for crew, uploaded footage to online drive each day, and sent each physical drive to California and London after the shoot was complete.
- **Promotional Editor**
 - BYU Broadcasting - Aug 2020 - May 2023
 - Edit 30 second - 2 minute commercials for TV shows and movies. Coordinate final product with Post Audio and Color teams.
 - Collect engaging video and audio clips and assemble them into a captivating commercial.
 - Select music and sound effects to create the right mood.
 - Send the final product to Quality Control and then to air on TV.
- **It's Just Dinner Podcast**
 - Oct 2021-December 2022
 - Recorded weekly dating podcast with audio and visual elements. Operated the audio/visual board during production. Verified quality and uploaded content to Youtube and podcast distributors.